

## Implementing Data-Driven Change Strategies to Create Trauma-Informed Courts: Plan-Do-Study-Act (PDSA) Worksheet

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**Project Title:**

**Start Date:**

**Team Members:**

**Aim Statement:<sup>1</sup>**

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### Step 1: PLAN

What changes can you make in your court environment, policies, and/or practices that may result in the desired improvement? How will this change be implemented? What do you predict will be the outcome?



Who is responsible for each task? What are the target dates for implementing changes?

What data will be collected to track the changes you want to see? Who will collect it and how will it be collected?<sup>2</sup>

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<sup>1</sup> What are you trying to accomplish? What do you want to change? Examples: *Increasing reunification rate; Reducing time to permanency; Increasing placement stability; Increasing relational connections for older youth in care.*

<sup>2</sup> Examples might include retrieving data from the DFPS Data Book or CPCMS. Data might already be (or could be) collected within the court.

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**Step 2: DO**

As changes are being implemented, what are you doing that is different from before? Are you doing anything beyond what you outlined in the “plan” phase?



Are there obstacles to implementing the changes that were planned? How can these be addressed?

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**Step 3: STUDY**

Evaluate the data to see if your plan resulted in the changes you predicted. What do you see? Does the data show that you achieved your aim?



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**Step 4: ACT**

Design your next PDSA cycle. Based on what you learned in Step 3, what is your next aim?<sup>3</sup>



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<sup>3</sup> If you did not see the change you anticipated, you can start over with the same aim but a new strategy. If you did see the change you anticipated, consider setting a new goal for the next cycle.